

# SIANNA SHERMAN

SIANNA SHERMAN  
*»ignite magic«*



Storyteller  
Yoga Teacher  
Motivational Speaker  
Visionary of Rasa Yoga  
Founder of Mythic Yoga Flow®  
Guide for Alchemical Arts & Ritual

## SHORT BIO

Sianna (she/her) is a celebrated international yoga teacher for three decades. She is the visionary of the Rasa Yoga Collective, Mythic Yoga Flow®, and RITUAL. As a gifted storyteller, she awakens the imagination through the language of the soul.

## FULL BIO

Sianna (she/her) is committed to being Love-In-Action here on earth to serve. For nearly three decades, she has been an international yoga teacher, training tens of thousands of students and yoga teachers from around the globe. As the visionary of the Rasa Yoga Collective, Mythic Yoga Flow®, and RITUAL, Sianna shares her voice in the way of community and collaboration. She is a gifted storyteller and awakens the imagination through the language of the soul. Sianna is an apprentice of shadow work and weaves this into every offering.

She is dedicated to social justice activism, anti-racism, mantra, ritual, emotional intelligence, Tantric yoga philosophy, and Celtic studies. Sianna brings a genuine presence to every offering with humility, devotion, and deep care for the collective. She leads Rasa Yoga teacher training courses, a 13 Moon Mystery School, and is a featured contributor to magazines, podcasts, and summits around the world.

Sianna is eternally grateful for her Beloved, Masood Ali Khan. They are co-hosts of the Fearless Heart Activation series to inspire courageous conversations and brave space for real transformation in these times. They created Alchemy of Love to support deepening relationships and emotional intimacy for couples.

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## TESTIMONIALS

“SIANNA SHERMAN IS, HANDS DOWN, THE BEST YOGA TEACHER I’VE EVER TRAINED WITH. HER ABILITY TO WEAVE TOGETHER THE TRUE DEPTH OF YOGA GOES BEYOND ANYTHING I’VE EVER SEEN. HER TRAINING TRANSFORMED THE TRAJECTORY OF MY LIFE, AWAKENED MY VOICE, AND EXPANDED MY CAPACITY FOR LEADERSHIP IN WAYS I COULD’VE NEVER IMAGINED.”

~Justin Michael Williams

“SIANNA’S TEACHINGS ARE SO DEEP, THOUGHTFUL AND SKILLFUL! EVERY BIT OF THE TRAINING IS A TREASURED SEED THAT KEEPS UNFOLDING AND EXPANDING WITHIN. I WOULD RECOMMEND SUCH TRAINING TO ANY YOGA STUDENT AND TEACHER AIMING TO IMMERSE INTO THE PROFOUND TEACHINGS OF YOGA, FROM EVERY ANGLE, FROM THE ROOTS, AND FROM THE HEART.”

~Sergio Rasman

“SIANNA HAS TAKEN ALL OF HER SKILLS AND COMBINED THEM TO CREATE A UNIQUE STYLE OF TEACHING YOGA THAT IS DEEPLY SATISFYING TO THE BODY, MIND, AND HEART OF ALL LEVELS OF STUDENTS.”

~Desiree Rumbaugh



## PARTNERS:



#B15156

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#5C1B45

Opulent



300+ FESTIVALS



26+ COUNTRIES



28+ YEARS



80,000+ STUDENTS